

Football Tackling Drill Angle Tackling Drill # 4

Objective - Teach defenders proper technique in angle tackling

Action - Set up cones in a 5-yard by 10-yard pattern. Have one defender and one ball carrier face each other and on the coach's signal the ball carrier head toward one of the far cones. The defender needs to mirror the ball carrier and close the gap with an angle tackle.

Coaching Points - Make sure defender makes a proper form angle tackle. Hit, lift and wrap the ball carrier. Make sure the defender does not wait for the ball carrier to approach but attack the ball carrier driving through the ball carrier.

