

Football Tackling Drill Angle Tackle Drill #3

Objective - Teach fundamentals of the angle tackle.

Action - Section defenders into two groups that face each other, about 5 yards apart. One group of players is the ball carriers and others are defenders. Place two cones about five yards apart and halfway between the first ball carrier and defender in line. The coach should stand behind the defender, points in which direction the ball carrier should go. On the coach's signal, the ball carrier begins the football tackling drill by running to the designated cone while the defender moves in to make an angle tackle. Proper technique is to get the head across the runner's body.

Coaching Details - Check for proper tackling form. Be sure the defenders don't over-run the play and that they stay on the backside of the ball carrier.

